

"Deri" drïo rhai o'r rhain!

Lles ac awyr iach

- Cynnal mabolgampau yn yr ardd e.e. sgipio, wy ar lwy, neidio
- Mynd am dro ar y beic/sgwter
- Ewch am dro a dysgwch enwau adar/blodau
- Creu cartrefi i drychfilod bach
- Creu picnic iach
- Chwarae cuddio a rhoi cyfarwyddiadau



Cyffredinol

- Coginio
- Gwneud jeli, toddi siocled
- Garddio - chwilio am greaduriaid bach
- Cadw cofnod o'r tywydd - dyddiau'r wythnos - dysgu misoedd/tymhorau
- Rhowch deganau tu allan a mesurwch y cysgodion



Iaith

- Ysgrifennu llythyr/nodyn at ffrind neu aelod o'r teulu
- Cadw dyddiadur
- Trefnwch helpa o amgylch y tŷ..chwilio am rywbeth sy'n dechrau gyda
- Paratoi sioe dalent yn y tŷ - cofiwch greu tocynnau/poster....



Mathemateg

- Chwarae rôl siop/caffi (talw am eitemau a rhoi newid)
- Chwarae gêm Faint o'r gloch Mr Blaidd (dysgu amser/darllen cloc)
- Creu symiau allan o wahanol ddeunyddiau e.e. cerrig/pasta
- Pwyso cynhwysion ar gyfer rysait



Creadigol

- Arbrofi gyda gwahanol synau e.e. reis mewn potel, dŵr
- Gwneud model allan o ddefnydd ailgylchu
- Creu pabell dan do allan o gynfas gwely
- Tynnu lluniau
- Creu cymeriadau allan o ffrwythau neu llysiau
- Peintio ac arbrofi â lliw a gwedd



Corfforol

- Adeiladau â lego
- Chwarae gemau bwrdd e.e. nadroedd ac ysgol, ludo
- Creu awyrenau o wahanol ddeunyddiau
- Ymarfer llawysgrifen
- Helpwch dorri ffrwythau/ llysiau wrth baratoi bwyd



Digidol

- Defnyddio ipad/ffôn i dynnu lluniau
- Trefnu sgwrs 'facetime' gyda ffrindiau ysgol
- Gemau rhif/llythrennau ar HWB
- Gweler taflen apiau
- Gweler taflen gwefannau



"Deri" drio rhai o rhain!

Well-being and outdoor

- Hold a 'sports day' in the garden e.g egg and spoon, skipping, jumping
- Ride a bike/scooter
- Go for a walk and learn the names of different birds/flowers
- Create homes for mini-beasts
- Create a healthy picnic
- Play hide and seek and give directional instructions



General

- Baking/cooking activities
- Make jelly, melt chocolate
- Gardening - look for mini-beasts
- Keep a record of the weather, learn days of the week, months of the year/seasons
- Place toys outside on a sunny day and measure the shadows



Language

- Write a letter/note to a family member or a friend
- Keep a diary
- Arrange a treasure hunt around the house looking for items beginning with the letter.....
- Prepare a talent contest - remember to make tickets, poster e.t.c



Mathematics

- Role play a shop/café (pay for items and give change)
- Play whats the time Mr Wolf (learn how to tell the time)
- Create sums out of different materials e.e. stones, pasta
- Weigh out ingredients following a recipe



Creative

- Experiment with different sounds, rice/water in bottles
- Make a model using recycled materials
- make a tent/den using bed sheets
- Draw a picture
- Make a character using fruit or veg
- Paint and experiment with colour and texture



Physical

- Build models using lego
- Play board games e.g snakes and ladders, ludo
- Create aeroplanes out of different materials
- Practice handwriting
- Help to cut and prepare fruit/vegetables for food



Digital

- Use an ipad/mobile to take pictures
- Arrange a facetime chat with a friend
- Play number/letter activities on HWB
- See additional apps sheet
- See additional useful websites sheet



