

"Deri" drïo rhai o'r rhain!

Lles ac awyr iach

- Creu cwrs antur tu mewn neu tu allan
- Mynd am dro ar y beic/sgwter
- Ewch am dro a dysgwch enwau adar/blodau
- Creu bwyd i'r adar
- Gwneud brechdan
- Chwarae cuddïo



Cyffredinol

- Coginio lolipops rhew
- Gwneud cebabs ffrwythau
- Garddio - chwilio am greaduriaid bach



Iaith

- Creu cerdyn neu lun i ffrind/aelod o'r teulu
- Creu llun a stori
- Ysgrifennu eu henwau mewn gwahanol gyfryngau e.e. blawd/siwgwr
- Chwarae gemau megis.. Rwy'n gweld/rwy'n clywed
- Dysgu hwiangerddi



Mathemateg

- Chwarae rôl siop/caffi (adnabod arian)
- Creu rhifau allan o wahanol ddeunyddiau
- Didoli/grwpïo gwrthrychau yn ôl lliw, maint...
- Adeiladu tyrrau byr a thal gyda blociau lego



Creadigol

- Creu band allan o offer gegin
- Gwneud pypedau
- Creu pabell dan do allan o gynfas gwely
- Tynnu lluniau
- Creu car allan o focs
- Peintio gyda iâ lliw



Corfforol

- Gwneud jig-so
- Adeiladau gyda blociau bach a mawr
- Chwarae 'musical statues' gan ddenyddio cerddoriaeth Gymraeg (Cymru FM)
- Chwythu swigod
- Creu barcud
- Ymarfer ffurfio llythrennau a rhifau



Digidol

- Defnyddio ipad/ffôn i dynnu lluniau
- Trefnu sgwrs 'facetime' gyda ffrinidau ysgol
- Gweler taflen apiau
- Gweler taflen gwefannau defnyddiol



"Deri" drïo rhai o'r rhain!

Well-being and outdoor

- Create an obstacle course indoors and outdoors
- Ride a bike/scooter
- Go for a walk and learn the names of different birds/flowers
- Make some food for the birds
- Make a sandwich
- Play hide and seek



General

- Make ice lollies
- Make some fruit kebabs
- Do some gardening activities, look for minibeasts



Language

- Make a card or picture for a friend or family member
- Write a story and draw picture
- Write your name in different materials e.g. flour/icing sugar
- Play games such as I spy...I hear...
- Learn hwiangerddi (nursery rhymes)



Mathematics

- Role play a shop/café (money activities)
- Make numbers using different materials
- Group and sort activities e.g by colour, size
- Build tall and short towers using lego



Creative

- Create a band out of kitchen equipment
- Make some puppets
- Make a den using bed sheets
- Draw a picture
- Build a car out of boxes
- Paint with coloured ice



Physical

- Do a jigsaw
- Build with small and large blocks
- Play musical statues using welsh music (Cymru FM)
- Blow bubbles
- Make a kite
- Practice writing numbers and letters



Digital

- Use an ipad/mobile to take pictures
- Arrange a facetime chat with a friend
- See additional apps sheet
- See additional useful websites sheet



